

COMPASS



Making Positive Transitions **2009/2010**

Compass West for 16-19's

LCET





**Working together to raise attainment, widen opportunity
and increase participation**



This project is funded by the East of England Development Agency

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Introduction

From November 2009, LCET is developing a new project in association with Campus Luton that we hope will benefit some of the young people you work with.

Compass West is a ten-month project aimed at helping young people in the 'NEET group' move towards their goals for work, education, or training

It's particularly aimed at young people who are facing emotional or social challenges that may impact their potential to move towards, or achieve their goals.

The project is free, but there are limited places available.

This brochure explains more about the project and how to get involved.

LCET is a charity that has been working with young people in Luton since 1993. We were developed and launched by the local community that included businesses, churches and individual supporters. We work with young people from all backgrounds, faiths and contexts, and are focused on helping them reach their potential. We believe they deserve the best we can offer.

Our therapeutic work offers short term group programmes on specific issues like self harm, ADHD and being in care. Over 400 young people take part in one of these groups every year. In addition we run a drop in centre and cafe and organise residentials and youth events throughout the year. Our chaplaincy work offer input to school's spiritual, moral, social and cultural (SMSC) programmes and We currently have 15 staff and over 20 volunteers with a wide range of professional backgrounds, including education, counselling, psychology and youth work.

The Trust is overseen by a Board of Trustees representing our stakeholders. In addition we are also involved in the development of a series of national programmes offering resources and training to professionals. You can find out more by visiting our website at www.lcet.org.



Jason Royce, the Project Director, has been working with young people for the past 10 years. As a Connexions Personal Adviser and Team Manager he has worked across Luton, Bedford, and London to help young people explore their options and motivations towards Education, Employment, and Training.

As a JNC qualified Youth Worker Jason has written, delivered and managed educational activities that facilitate young people's growth and development. He also has experience of managing projects in such a way as to be responsive to the needs of young people whilst meeting strategic goals.

The project 'in a nutshell'

We are aiming to work with 50 NEET young people between December 2009 and July 2010 to help them overcome emotional and social issues that could stop them from moving towards their goals for education, work, or training. In essence we want to see these young people take measurable steps towards, or into, work or training.

Who will the programme benefit?

The programme is aimed at NEET young people who, without intervention, are in danger of remaining disengaged from education, work, or training.

Structure

We have developed a programme based around our new 'Superconference'. This is a 2-day event to give participants a kick-start towards their next steps. There will be 3 'Superconferences' throughout the year and each will begin with a motivational talk from a high profile and engaging personality. During the two days young people will develop their own 'life plan' which will be creatively expressed through their chosen medium (i.e. art, music, poetry).

Weekly 'drop-in' support sessions and one-to-one work will ensure that young people are implementing their life plan and can be plugged in to local services relevant to their needs.

Outcomes

Our aim is to help young people move from NEET to EET! We believe emotional well-being plays a crucial part in enabling this to happen. If a young person does not have the necessary skills to manage relationships and the confidence to set and achieve goals, they will often remain NEET whatever their potential value to an organization.

This project is about helping young people overcome these barriers.

We will be concentrating on 3 key areas:

"Delayed gratification"

The fundamental belief that the investment of time, energy and commitment now is worthwhile because of a future benefit. In others words, for a young person, investing in their own education or employment status is worthwhile because of how it could change the opportunities they have in the coming years.

"Dealing with conflict"

The skills to negotiate conflicts with others appropriately. In other words, for a young person, learning how to deal with disagreements with staff and others so they can smoothly negotiate the increasing responsibility placed on them as they gain greater independence.

"Developing aspirations"

The ability to imagine a future for yourself that you can begin to set out to achieve. In others words, for a young person, developing a sense of self worth and belief that means they are willing to invest time and energy in their own education or employment options.

Publicity

'Superconferences' will be promoted by flyers produced specifically for each event. Information will be available on our website and you can call the office at any time for more information.

Weekly support will be provided to those who have attended a 'Superconference'. Young people attending these will be given the necessary information to access these sessions. Again, further information will be available on our website in the future.

Referral

If you have a young person who is interested in Compass West, please call our office to arrange an interview.