

**The Therapeutic Self Harm Worker will contribute to the delivery of LCET's therapeutic work, specifically by:**

**1. Leading the therapeutic self harm work including**

- Leading self harm therapeutic groups and supporting other staff in the running of self harm groups.
- Leading the ongoing development of the self harm group curriculum.
- Developing the profile of the self harm work among young people, parents and carers and statutory and non-statutory bodies.
- Developing LCET's relationship with other organisations, statutory bodies and educational establishments in relation to our self harm work.

**2. Participating in the wider work of the therapeutic team**

- Participating in the administration of the referral process for therapeutic groups.
- Leading and co-leading therapeutic groups.
- Making written records and reports for therapeutic groups.
- Participating in follow on and support activities and events, including residentials and after school activities
- Working within the requirements of LCET's safeguarding policy and practice.

**3. Developing the selfharm.co.uk website and services**

- Working with the selfharm.co.uk Advisory Group to develop the content of the website.
- Working with the selfharm.co.uk Advisory Group to develop other aspects of the project, including offering training to other professionals.

**4. Evaluating and monitoring LCET's self harm work including**

- Using LCET's monitoring tools to evaluate the impact of the self harm work.

**5. Participation in LCET staff activities including**

- team meetings, staff retreats and events.

- training and development.

- safeguarding training and awareness.

**The Self Harm Therapeutic Worker reports to the Director of the Therapeutic Team.**

**Essential Skills**

Communication and people skills.

*Able to work appropriately with adults and young people from all backgrounds and cultures.*

Conflict management.

*Able to deal appropriately with conflict with others, including young people.*

Creative thinking.

*Able to conceive ideas for projects and problem solve where there are obstacles in existing projects.*

Critical thinking and reflective practice.

*Able to articulate strengths and weaknesses of work and it's impact on self and others.*

Group work skills

*Able to work with young people in a group setting.*

Organisation and administration.

*Able to write and keep notes and records. Consistent timekeeping. Basic computer work.*

Reflective questioning and listening skills

*Able to use questioning and listening techniques to help young people express themselves.*

**Desirable Skills**

Presentation skills

*Able to speak in front of groups of young people or professionals.*

**Essential Knowledge**

Child and adolescent emotional and social development.

*Understanding of how young people develop their sense of self, social skills and interaction with others.*

Safeguarding policy and practice.

*Understanding of legal requirements and their implementation in working with young people.*

Self harm among young people.

*Understanding of the causes and types of harming, and of the different interventions that can provide support.*

**Desirable knowledge**

Working knowledge of local authorities, secondary education and other services for young people.

*Understanding of how local councils and the voluntary sector organise and run services for young people.*

## **Essential Experience**

Working with young people who self harm

*Evidence of working with young people who exhibit self-harming behaviours*

Working with young people in formal and informal settings.

*Work with young people in schools, youth clubs or other contexts.*

## **Desirable experience**

Delivery of self harm interventions.

*Experience of formal work with young people who self harm.*

Developing and implementing strategy and new projects.

*Experience from previous employment of a project (large or small) that had to be developed and delivered from scratch.*

## **Qualifications**

Undergraduate degree

*In any subject though relevant degree preferred.*

Evidence of ongoing professional development.

*Training courses, reading, academic study or other personal development.*